

**WHAT PEOPLE SAY ABOUT ANDY
AND THE HEALING CIRCLE:**



*"The healing circle is appropriately named.
Amazing how much can be accomplished in a
short period of time!"*

~Julia Lee

*"...brilliant! One of the highlights of my stay at
Hippocrates."*

~ H. R.

*"An open circle of strangers that became
friends through honesty, tears, and laughter. I
very much like Andy's style: to the point and
confronting, but soft and personal
at the same time."*

~ Jennifer Ammendolara

*"..a great opportunity to open up, release some
feelings rather than keeping them inside--to
start the process of healing...."*

~ Marcel Armanini

*"My experience was one of love and acceptance
of who I am."*

~ Michael O'Neil

*"It was an emotional experience from which I
learned and grew. Thank you from the heart".*
~ Sara Socher



ANDY ROMAN

Andy has been providing his unique form of mind/body psychotherapy for individuals, couples, and families at Hippocrates since 1990.

HIS BOOK, *Deep Feeling, Deep Healing: The Heart, Mind, and Soul of Getting Well*, (Spectrum Healing Press, 2011) showcases his deep feeling approach to inner healing, and is full of hospital and Hippocrates stories.

Available in the Hippocrates Store

*"This book allows you to discover one of the
most innovative techniques of psychotherapy
in the USA."*

~ Editions Vivez Soleil,
Geneva, Switzerland

"...raised my understanding to a new level."

~ Sieglinde W. Alexander, author of
Haunting Shadows from the Past

*"...one of the most eminently quotable books
on regressive type therapies that I have ever
read."*

~ John A. Speyrer, editor, ***The
Primal Psychotherapy Page***

ANDY ROMAN

- LICENSED MENTAL HEALTH COUNSELOR
- NATIONAL CERTIFIED COUNSELOR
- CERTIFIED CLINICAL HYPNOTHERAPIST
- REGISTERED NURSE
- LICENSED MASSAGE THERAPIST

Are you ready for a *SHIFT*?

**STATE OF THE *HEART*
INTEGRATIVE *FEELING*
THERAPY**



Hippocrates Health Institute
1443 Palmdale Court
West Palm Beach, Florida 33411

*"The unresolved issues of heart and soul
which are not brought out to light and
examined with gentleness and compassion will
be played out in life as Destiny."*

~ Carl Jung

PRIVATE SESSIONS



Psychotherapy

Getting to the heart of the matter, uncovering wounds, fears, and blockages that influence our current behavior and relationships - with food, others, work, lifestyle, and ourselves - that is what the work of Andy Roman is all about. Growth and healing are not just about changing the food we eat - but more about resolving what's eating us, from the inside out.

Feelings

Feelings play a major role in determining what the body can and will heal. Connecting with and expressing feelings, especially those that may reside in repressed form within the tissue of the body, can unleash great forces for healing by normalizing hormone levels, reducing inner pressure, and generally bringing a sense of resolution to the system.

Techniques

- * Body-focused psychotherapy
- * Heart-to-heart encounter
- * Hypnotherapy
- * Centropic Integration™

“Andy’s masterful gift...has helped hundreds to erase disease, mental stigmas, and misguided personae.”

~ Dr. Brian Clement, Director
Hippocrates Health Institute



“What Andy said made me feel incredible. It was as if an enormous weight had been taken off my shoulders.”

~ Heather Mills McCartney,
author of *A Single Step*

“...like laser surgery of the soul.”

~ Yvonne Bechard, former
Director, Oasis Therapy Center

“Andy has an uncanny knack of reaching the core of the issues with humor, spontaneous insight and deep feeling.”

~ Ken Wydro, author of
Think on Your Feet, and *Secrets*

THE HEALING CIRCLE

Face it: we all need help to make positive lifestyle changes. Let's do it together. A healing circle is a place to get encouragement and support at a personal, and more intimate level.

Unlike a class or lecture, a healing circle involves everyone as an active and equal participant. By sharing, listening, and giving feedback to other group members, you can get to know yourself better, and find an inner motivation to make the changes you need and want to make.

Let's make a circle where it's safe to share from the heart, and give honest feedback. Let's make it safe to lay some burdens down, and discover we're not alone. Let's tap into a wonderful collective wisdom.

Personal note from Andy: *“I’ve been leading healing circles for over twenty-five years. I invite you to come with an open heart, and to let yourself be vulnerable and brave. Go for it!”*

